

Faculty of Physical Education and Recreation

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130 The Faculty of Physical Education and Recreation

The Faculty of Physical Education and Recreation at the University of Alberta is unique, offering both academic programs and a wide variety of services to students and staff through our Campus Recreation and Interuniversity athletic programs.

The vision of the Faculty of Physical Education and Recreation is to be recognized nationally and internationally as a leader in the pursuit and achievement of excellence in sport, leisure, and physical activity. In striving to achieve this vision, the mission of the Faculty of Physical Education and Recreation is to develop, disseminate and apply knowledge of sport, leisure and physical activity through teaching, coaching, research, and service. As the Faculty commits its resources to this mission, we affirm the following values:

- Pursuit of Excellence
- Collegiality
- Diversity
- Critical Thinking
- Equity and Respect
- Ethical Behavior
- Participative Governance
- Contribution to Community

Graduates of the Faculty gain the requisite preparation to be

- professionals in fields related to recreation, sport, dance, and physical activity; and
- scholars who can advance the frontiers of knowledge pertaining to leisure and active living and their relationships to personal and societal health and well-being, and to environmental conservation and preservation.

Undergraduate degree programs include: Bachelor of Physical Education (BPE), Bachelor of Science in Kinesiology (BScKIN), Bachelor of Arts in Recreation and Leisure Studies (BARLS), and the 5-Year Combined Bachelor of Physical Education/Bachelor of Education degrees (BPE/BEd) in both Elementary and Secondary Education. These programs attract students from all over the world but the majority of our undergraduates are from Alberta. We are also developing a wide

range of exchange programs for undergraduate students both within Canada and internationally. An important element of all of our undergraduate programs is the requirement for a Practicum experience which places students in supervised work settings for extended learning experiences. Job opportunities for our graduates remain strong in a diverse set of work settings.

The graduate program has a long tradition of excellence and our graduates are placed in research and academic settings throughout the world. The MA, MSc, and PhD programs attract talented students from many countries and there is strong competition for admission. Our Faculty members have developed solid research programs in all of the basic disciplines of the social, behavioral and biological sciences as well as in the area of recreation and leisure.

The Campus Recreation program at the University of Alberta is proud of its tremendous record of student and staff participation in a wide variety of intramural, club, and instructional programs. The Pandas and Golden Bears interuniversity teams compete in the Canada West Universities Athletic Association (CWUAA) which is a member of the Canadian Interuniversity Sport (CIS). The many championship banners in the Van Vliet Physical Education and Recreation Centre attest to the level of success achieved by individual student-athletes and teams in the 19 CIS sports. One of the proudest achievements, however, is the number of Academic All-Canadians that play on Pandas and Golden Bears teams. The University of Alberta has had the highest number of Academic All-Canadians in Canada for eight of the past ten years.

The Faculty is linked to the other Health Sciences Faculties on the U of A campus through the Coordinating Council of Health Sciences. The Council provides coordination for many collaborative interdisciplinary programs and projects. The Centre for Health Promotion Studies, the Telehealth Centre, and the Centre for Gerontology are three such joint ventures involving the Faculty.

If you have any questions about any aspect of the Faculty's programs or activities, please do not hesitate to contact us. All members of the Faculty are committed to attracting the best students and student-athletes to our programs and hope the following information is helpful in providing you the opportunity to learn more about the Faculty of Physical Education and Recreation at the University of Alberta.

131 The Professors

Members of the Faculty

Officers of the Faculty

Dean

M Mahon, PhD

Associate Dean, Academic
EJ Watkinson, PhD

Associate Dean, Research
W Rodgers, PhD

Assistant Dean, Services
J Barry, MA

Assistant Dean, Graduate Studies
DA Shogan, PhD

Assistant Dean, Undergraduate Programs
D Marshall, PhD

Administrative Officers
JM Daniel, BSc, BPE
DR Mitsui, MA
C Moneta, BA

Academic Staff

Professors

G Bell, PhD
M Bouffard, PhD
KS Courneya, PhD
P Gervais, PhD
J Hogg, PhD
D Horwood, MA
D Marshall, PhD
AB Nielsen, PhD
SJ O'Brien-Cousins, PhD
SR Petersen, PhD
HA Quinney, PhD
W Rodgers, PhD
DA Shogan, PhD
T Slack, PhD
GS Swinnerton, PhD
DG Syrotuik, PhD
EJ Watkinson, PhD

Associate Professors
J Causgrove-Dunn, PhD
J Dunn, PhD

BD Fisher, PhD
K Fox, PhD
VJ Harber, PhD
TD Hinch, PhD
B Maraj, PhD
D Mason, PhD
M Mauws, PhD
ML Padfield, PhD
R Plotnikoff, PhD
W Streat, PhD

Assistant Professors
G Abdel-Shehid, PhD
Y Burelle, PhD
D Collins, PhD
L McDermott, MA
T Putman, PhD
P Reichwein, PhD
J Spence, PhD
J Vallentyne, MA
G Walker, PhD

Sessional Instructors
P Baudin, PhD
T Bliss, MA
J Marois, MA

Athletics

Director
K Gordon, BPE

Coaches/Instructors/ Administrators

BP Baker, MSc
T Danyluk, BPE
RKJ Daum, BPE, BEd
H Draper, BPE
LC Eisler, MA
J Friesen, BEd
D Horwood, MA
V Ioannides, BA, BEd
J Slepica, BPE, BEd
R Sluchinski, BPE
C Sommerville, BPE
M Tremblay, MSc
J Vadeika, BKin
K Vandergriff, BPE
L Vickery, MSc
H Wright, BA

Campus Recreation

Director
HSD Hoyles, BPE

Associate Director - Fitness and Lifestyle Programs
C Hills, PhD

Associate Director - Intramural Programs
P Dickner, BPE

Associate Director - Non-Credit Instruction Programs
M Chow, BPE

Program Coordinator
B Gratix, BPE

Program Coordinator
J Chikinda, BPE

Faculty Operations

Director
WE Montgomery, PhD

Associate Director – Events (Acting)
C Hunter, BPE

Associate Director – Facilities
D Larsen, BPE

Manager – Aquatics
D Blair, BPE

Manager – Balmoral Curling Club
A Skillen, MBA

Manager - Campus Outdoor Centre
G Cowper, BPE

Manager – Clare Drake Arena
F Macapagal

Manager – Foote Field
A Skillen, MBA

Manager – Gymnastics Centre
D McNeely, BPE

Manager - University Tennis Centre
R Sluchinski, BPE

Supervisor – Fitness and Lifestyle Centre
C Hunter, BPE

Development and Alumni Relations

Director

D Schulha, MSc

Manager

C Moser, MA

Professors Emeriti

AF Affleck, BPHE, BEd, MS
RB Alderman, BPE, MPE, EdD
RO Anderson, MEd
JL Boorman, MA, PhD
TL Burton, BSc, PhD
WH Cottle, MA, PhD
CJ Drake, BPE, BEd, MSc
M Ellis, Dip, Teach Cert, MA, PhD
RG Glassford, BPE, MA, PhD
MA Hall, BA, BPHE, MA, PhD
DJ Harris, BA
RP Heron, MusBach, ARTC, BA, MEd, PhD
PL Lindsay, Dip PhysEd, AEd, BA, MA, PhD
RB Macnab, BS, MA, PhD
HJ McLachlin, BSc, MSc, PhD
S Mendryk, BEd, MS, PhD
EB Mitchelson, BA, BPE, MA, PhD
G Redmond, MS, PhD
HA Scott, BS, MPE, PhD
M Singh, BA, MA, Dip in PhysEd, BEd, Dr of Phys Ed
GJ Smith, BPE, MA, PhD
MFR Smith, BEd, PhD
RD Steadward, BPE, MSc, PhD, OC, LLD (Hons)
LM Wanke, BA(PE), BEd, MA, PhD
RB Wilberg, BEd, MS, PhD
ED Zemrau, BSc

Additional Members of Faculty Council

President and Vice-Chancellor
R Fraser, PhD

Professors
Vacant (Faculty of Medicine)
P Jelen, PhD (Faculty of Agriculture, Forestry, and Home Economics)
G Fishburne, PhD (Faculty of Education)
D Mills, PhD (Faculty of Arts)
W Page, PhD (Faculty of Science)
P Popkowski-Leszczynski, PhD (Faculty of Business)

Acting Registrar of the University
CP Byrne, MBA

Adjunct Professors
V Baracos, PhD
T Berrett, PhD
Y Bhamhani, PhD
R Burnham, MD
M Heine, PhD
CR Hinings, BA
EL Jackson, PhD
T Martin, PhD
G McPherson, PhD
DC Reid, MD
G Wheeler, PhD
P Zehr, PhD

132 General Information

The first credit courses in Physical Education were offered by the Faculty of Education in 1945. This led to a Bachelor of Education degree in Physical Education first offered in 1948.

The School of Physical Education was established in 1954, and the Bachelor of Physical Education degree was accredited on April 1, 1964. The School of Physical Education became the Faculty of Physical Education in 1964, and in 1976 the name was changed to the Faculty of Physical Education and Recreation.

Since 1972, the Faculty has offered a four-year program leading to the degree of Bachelor of Arts in Recreation Administration. In 1990 the 5-year Combined Degrees program in Physical Education and Education began, and in 1999 the BSc Kinesiology was instituted.

In addition to the five undergraduate degrees, the Faculty provides a wide selection of service courses for students in the Faculty of Education, who have selected Physical Education as a Major or Minor field of study.

Students holding the a degree of BPE, BScKIN, or the equivalent may undertake graduate study in Physical Education leading to the degrees of Master of Arts, Master of Science, and Doctor of Philosophy. Students holding the degree of BA in Recreation Administration, the BA (Recreation and Leisure Studies) or equivalent may undertake graduate study leading to the degree of Master of Arts and Doctor of Philosophy. The Calendar of the Faculty of Graduate Studies and Research should be consulted for further details.

Teacher Education: Students who wish to be certified to teach in Alberta may complete

- (1) the 5-year Bachelor of Physical Education/Bachelor of Education Combined Degrees program; or
- (2) the 4-year Bachelor of Physical Education degree program and then undertake the 2-year Bachelor of Education (After Degree) program; or
- (3) the 4-year Bachelor of Education degree (Secondary Route) with a Major in Physical Education. Elementary route students should consult their advisors when building an area of concentration in Physical Education.

Note: The Bachelor of Physical Education degree offers approximately 40% more professional Physical Education courses than the Bachelor of Education degree program. Interested students should consult the Faculty of Education section of the University Calendar (§65) for further detailed information.

Campus Recreation Activities: The Faculty of Physical Education and Recreation organizes and administers a comprehensive program of recreational activities for students, academic and non-academic staff, and their families.

The objectives of Campus Recreation are: to offer a wide range of recreational activities for all people on campus; to provide, within a well-organized setting, opportunities for physical exercise and an improved lifestyle for the campus population; to provide an atmosphere in which socialization is maximized during and after participation in activities; to provide opportunities to learn how to participate in various activities; and to improve skill levels in these activities if desired.

The program has the following segments: Men's, Women's, and Coeducational Intramural activities; Campus Fitness and Lifestyle programs; Non-Credit Instruction; Sports Clubs; Spring and Summer recreation activities; and special events.

The Faculty's home on campus is the Van Vliet Physical Education and Recreation Centre named by the University of Alberta in honor of the contributions of Dr Maurice (Maury) L Van Vliet. Dr Van Vliet served the University with distinction from 1945 to 1978 as a teacher, scholar, coach, administrator, and as the founding Dean of the Faculty of Physical Education and Recreation. The Van Vliet Centre itself is comprised of the following facilities:

- Universiade Pavilion
- Clare Drake Arena
- Main Gymnasium
- Varsity Field
- Dance studios (2)
- Racquetball courts
- Squash courts
- Indoor swimming pools (2)
- Indoor climbing wall (15 metres)
- Indoor track (Two hundred metres)
- Campus Fitness and Lifestyle Centre
- Campus Outdoor Centre

In addition, the Faculty has recently expanded to the South Campus (University Farm area) with the addition of two new facilities:

The **Footie Field** complex was officially opened in July 2001 and consists of an artificial turf field, a natural grass field, and a state-of-the-art running track that was used as a practice venue during the 2001 World Championships in Athletics.

The **Balmoral Curling Club** is owned by the University and operated by the Faculty of Physical Education and Recreation. Classes in curling and many special events are held in this new facility.

Associated Centres and Institutes include the following:

- Alberta Centre for Active Living
- Glen Sather Sports Medicine Clinic
- Pat Austin Centre
- Steadward Centre for Personal and Physical Achievement
- Sport Performance Unit

Interuniversity Athletics: The University of Alberta provides opportunities for men and women to compete in a wide variety of interuniversity sports. Men compete in basketball, cross-country, football, ice hockey, soccer, swimming and diving, tennis, track and field (indoor), volleyball, and wrestling. Women compete in basketball, cross-country, field hockey, ice hockey, rugby, soccer, swimming and diving, tennis, track and field (indoor), volleyball, and wrestling.

133 Faculty Regulations

133.1 Admission

General Information

See §§13 and 14 for general admission requirements to the University. Specific admission information regarding the BPE, BA (Recreation and Leisure Studies), the BSc Kinesiology, and the Combined BPE/BE Degrees programs is set out in §15.12.

133.2 Residence and Enrolment Requirements

- (1) Residence: Bachelor's degrees within the Faculty of Physical Education and Recreation are degree programs of ★120 of which
 - a. a minimum ★60 must be in courses taken at the University of Alberta; and
 - b. a minimum of ★30 must be taken while registered as a student in a degree program within the Faculty of Physical Education and Recreation.
- (2) Students enrolled in courses offered by the Faculty of Physical Education and Recreation must take responsibility for ensuring that they are physically and medically fit to be taking the course. If a student has a physical or medical condition that may compromise their physical participation and ability to meet requirements of the course, it is the student's responsibility to inform the instructor of the particular course in which they are enrolled. Students may contact the Faculty for further information on physical activity requirements and are encouraged to seek medical advice if necessary.
- (3) Students should be aware that under the Alberta Protection of Persons in Care Act, they can be required to satisfy a criminal records check before being allowed to serve a period of internship/practicum placement/work experience placement. Refer to §23.8.3.

133.3 Undergraduate Program Bloodborne Pathogen Policy

The University of Alberta recognizes its duty to minimize the risk of transmission of bloodborne pathogens to/by individuals studying or working at this University. The Bloodborne Pathogen Policy limits the possibility of transmission of bloodborne pathogens within the educational setting. The

University recognizes, however, that it is not possible to completely eliminate the risk of infection (see §108.12 GFC Policy Manual).

The Faculty of Physical Education and Recreation, in accordance with University of Alberta policies and other available guidelines, has developed the following policies concerning bloodborne pathogens. These policies are to be reviewed and adapted as further information on bloodborne pathogens becomes available.

For applicants who are accepted into the BPE, BSc Kinesiology or combined BPE/BEd Programs, immunization against Hepatitis B is strongly recommended, though not mandatory at this time. However, for undergraduate students who become involved as research project assistants in the biological sciences areas, Hepatitis B surface antigen testing will be performed by the University Health Centre at the University of Alberta. For students who test negative for the Hepatitis B surface antigen (HbsAg), Hepatitis B vaccination will be required. (Consult §109 of the GFC Policy Manual or contact the Undergraduate Programs Office Room P-421, Van Vliet Centre, for details about testing and immunization.) Program restrictions will be applied when necessary to minimize the risk of transmission of bloodborne pathogens from students to other students, experimental subjects and service clients. Program restrictions, in keeping with reasonable accommodation guidelines, can be expected in cases where students test positive for any bloodborne pathogen, or refuse to complete the screening questionnaire, or refuse a questionnaire-based requirement for Hepatitis B and Hepatitis C testing. Program restrictions may include prohibition from participating in certain activities and procedures performed as part of a research, service testing or teaching function.

Since the risk of HIV transmission from students to other students, service clients and experimental subjects is very low for the procedures followed in these settings, HIV risk assessment and testing will not be made a requirement at this time. However, all students accepted into the Faculty of Physical Education and Recreation are encouraged to undergo HIV testing whenever concerns about infection arise.

Note: For updates on changes to medical testing and immunization refer to www.registrar.ualberta.ca/calendar.

133.4 Registration Requirements

- (1) **Continuous Registration:** Students must register in their program on a continuous basis to ensure a place in the program. Students who want to temporarily discontinue their program must obtain prior approval for a Leave of Absence from the Faculty. Discontinuance without permission requires the student to seek readmission and, in this case, readmission is not guaranteed.
- (2) **Normal Course Load:** A normal full academic course load is ★30 taken during Fall/Winter. **Note:** To complete the BPE/BEd Combined Degrees in the recommended five years students must take an average of ★33 each Fall/Winter.
Normally, permission to enrol in extra courses (beyond ★36) during Fall/Winter is not granted. Where a student wants to enrol in more than ★36 during Fall/Winter, a request must be submitted in writing to the Assistant Dean (Undergraduate Programs) of the Faculty. Such a request will be considered only if the student has obtained a minimum GPA of 3.3 on a minimum of ★24 during the previous Fall/Winter period.
- (3) **Directed Studies Courses:** Students are normally allowed a maximum of two Directed Studies courses to count toward their degree program.

133.5 Academic Standing

Academic Standing

Each student's academic performance is reviewed at the end of each Fall/Winter. Decisions regarding continuation will be based on courses completed during Fall/Winter only. Any courses completed during Spring/Summer will not be considered as part of the decision on academic standing. See §§23.4(6) and 23.9.2 for information on the calculation of GPAs and the academic record.

- (1) **Dean's List:** This designation is given to undergraduate students who achieve a GPA of at least 3.7. Students must take a minimum of ★18 in Fall/Winter. Students who attend in only one term of Fall/Winter are eligible if they complete at least ★9 with a minimum GPA of 3.7.
- (2) **First-Class Standing:** First-class standing in a given year is awarded to any undergraduate student who obtains a GPA of not less than 3.5, the GPA to be computed on a minimum of ★24 taken during that year, the year to consist of Fall and Winter terms. Students who attend in only one

term of the Fall/Winter are eligible if they complete at least ★12 with a minimum GPA of 3.5.

- (3) **Satisfactory Standing:** Satisfactory Standing is given to a student who achieves a GPA of 2.0 or above and normally indicates that the student is eligible to continue in the program.
- (4) **Marginal Standing - Academic Warning:** Marginal Standing is given to a student who achieves a GPA of 1.7 to 1.9. A student who is assigned Marginal Standing will be placed on Academic Warning and must meet the following conditions:
 - a. Must achieve a GPA of 2.0 or greater on a minimum of ★18 during Fall/Winter. Students are strongly advised to meet with the Assistant Dean (Undergraduate Programs) prior to Fall/Winter to discuss their course load and options available for academic support and/or counselling.
 - b. Complete specific course requirements as dictated by the Faculty, such requirements to be communicated to the student in writing prior to registration.
Students on Academic Warning as a result of acquiring Marginal Standing will clear their Academic Warning upon successful completion of these requirements.
Note: Students assigned Marginal Standing on two separate occasions (not necessarily consecutively) will be assigned Unsatisfactory Standing and will be required to withdraw from the University. See §133.5(5).
- (5) **Unsatisfactory Standing - Required to Withdraw:** Unsatisfactory Standing is given to a student who achieves a GPA of 1.6 or below, or to a student who has been assigned Marginal Standing on two occasions (not necessarily consecutively) during the program. A student who is assigned Unsatisfactory Standing must normally withdraw from the University. Any registration in the Summer Term and in the subsequent Fall/Winter will be cancelled.

Students who have been required to withdraw will be eligible to apply for readmission after attending another postsecondary institution, at which time they can apply for admission as a transfer student under the conditions described in §14.2.1(4). Readmission is not guaranteed as each case will be considered on its own merit and in relation to the regular competitive admissions pool.

- (6) **Fresh Start Program**
Note: Year 1 and 2 students who have achieved a GPA of between 1.3 and 1.6 may be eligible for admission to the Fresh Start program. Students must be recommended by the Faculty for participation in the Fresh Start program. Further, detailed information can be found in §§190.5, 14.5 and 23.6.2.
- (7) **Readmitted Students:** A student who has previously been required to withdraw from any postsecondary institution and is admitted or readmitted to the Faculty will be assigned Academic Probation status and will be placed on Academic Warning for the remainder of their degree program. A student who subsequently fails to meet this requirement will be required to withdraw, and will not be admitted or readmitted again to the Faculty.
- (8) **Academic Probation:** A status assigned by a Faculty to those who have been admitted (or permitted to continue) on a probationary basis, because their previous academic record is either deficient in some respect or below the standard ordinarily required. This status may also be assigned to students whose previous educational attainment may be difficult to assess (e.g. refugees lacking academic records). Academic probation sometimes involves a recommended reduction of student load and interviews for diagnosis of difficulties and for review of progress. Usually the student is required to make specific improvement in his or her record or incur academic dismissal. Normally, if any such students fail to meet the conditions stipulated within the time limit imposed, they will not be allowed to proceed further in the program.
Students who have been admitted to the University with a weak matriculation record may be warned of the fact at the beginning of their first session.

133.5.1 Promotion Standards for BPE, BSc Kinesiology, and BA (Recreation and Leisure Studies) Degree Programs

- (1) Full-time students are promoted from year to year based on the following:
 - a. **Promotion from Year 1 to Year 2:** Students must have successfully completed a minimum of ★30 applicable to their program.

- b. **Promotion from Year 2 to Year 3:** Students must have successfully completed a minimum of ★60 applicable to their program, including all first-year requirements.
- c. **Promotion from Year 3 to Year 4:** Students must be able to complete all requirements for graduation in time to convocate in Spring or Fall of the next year.

- (2) Students who have been approved to pursue the degree on a part-time basis are promoted from one year to the next when they have met the appropriate criteria.

133.5.2 Promotion Standards for the BPE/BEEd Combined Degrees Programs: Elementary and Secondary Routes

- (1) Full-time students enrolled in the BPE/BEEd program are promoted from year to year in the program based on the following guidelines:
- a. **Promotion from Year 1 to Year 2:** Students must have successfully completed a minimum of ★33 applicable to the combined program.
 - b. **Promotion from Year 2 to Year 3:** Students must have successfully completed a minimum of ★66 applicable to the combined program.
 - c. **Promotion from Year 3 to Year 4:** Students will be promoted to Year 4 in the Faculty of Education if a minimum AGPA of 2.0 has been achieved and a minimum of ★99 applicable to the BPE/BEEd program has been successfully completed. Students in Year 3 must submit a Readmission/On-Campus Transfer application form to the Faculty of Education. **Note:** Students in Year 3 who have completed less than ★99 toward the BPE/BEEd program, but who have an AGPA of at least 2.0, may select one of the following program alternatives:
 - i) Remain in Year 3 of the BPE/BEEd program in the Faculty of Physical Education and Recreation for one additional year, or
 - ii) Apply to enter the BPE degree program and complete a modified Individualized Concentration.

133.6 Graduation

- (1) **Application for Degree:** Students who intend to receive their degree must submit an Application for Degree form to the Undergraduate Programs Office of the Faculty by February 1 for Spring Convocation or by September 1 for Fall Convocation.
- (2) **Degree Requirement Deadlines:** All requirements for graduation at Spring Convocation must be completed by the end of Fall/Winter. Those completing degree requirements during Spring/Summer will graduate at Fall Convocation.
- (3) **Common Graduation GPA:** To qualify for the BPE, BSc Kinesiology, or BA (Recreation and Leisure Studies) degree, a student must successfully complete all requirements including a GPA of at least 2.0 on the last ★60 of their program.
- (4) **BPE/BEEd Graduation Requirement:** To receive the BPE and the BEEd degrees concurrently, a student must have completed all the requirements of the combined program and must meet the requirements for graduation for each degree (see §63.7.1).
- (5) **Degree with Distinction:** The notation "With Distinction" is inscribed on the permanent record and graduation parchment if a student has obtained a GPA of 3.5 or higher on the last ★60 of their program.

133.7 Academic Appeals and Grievances

A student wishing to appeal an academic decision within this Faculty must first attempt to resolve the issue with the instructor concerned (if applicable) and, if this is not satisfactory, with the Assistant Dean. If there is still no satisfactory resolution of the issue, the student may then appeal to the Faculty's Undergraduate Student Academic Appeals Committee by submitting an appeal in writing to the Chair of the Undergraduate Student Academic Appeals Committee within 14 calendar days of notification of the decision to be appealed. Delivery of notification is deemed to have been effected on the date of pick up, personal receipt of hand or courier delivery, or seven calendar days following regular or registered mail. Further details of the Faculty's appeal procedure are available from the office of the Dean. Certain decisions of this Faculty Undergraduate Student Academic Appeals

Committee may be appealed to the Academic Appeal Committee of General Faculties Council. For further information, contact the secretary of General Faculties Council. See §23.8.

133.8 Attendance in Faculty of Physical Education and Recreation Courses

- (1) **Physical Participation:** Students enrolled in courses offered by the Faculty of Physical Education and Recreation must take responsibility for ensuring that they are physically and medically fit to be taking such courses. If a student has a physical or medical condition that may compromise his/her participation in a course, it is the student's responsibility to so inform the instructor of that course. Students may contact the Faculty for further information on physical activity requirements and are encouraged to seek medical advice if necessary.
- (2) **Attendance in courses:** Attendance at lectures and class participation are important components of courses. Students serve their interests best by regular attendance. Those who choose not to attend must assume whatever risks are involved.

133.9 Clothing

Activity course dress requirement for first class: Students are to attend activity course classes appropriately dressed for participation.

134 Programs of Study

134.1 BPE Degree Program

134.1.1 Program Structure

The Bachelor of Physical Education degree program consists of ★120 and has both a professional and discipline focus. Effective September 2002, students entering the BPE degree will take a revised program consisting of the following components:

- (1) **Degree Core:** ★60. These courses provide the foundation of knowledge in professional and discipline areas of the field.
- (2) **Activity Core:** ★15. 100-level Physical Activity Courses (PAC) and Dance Activity Courses (DAC) focus on acquiring basic skills and developing theoretical knowledge fundamental to the activity. 300-level PAC/DAC courses focus on advanced skill development analysis, instruction, and/or coaching of a physical activity.

Specific Requirements: In addition to PAC 101 (★3), which is required in Year 1 of the program, the following are compulsory:

- a. A minimum of ★6 at the 100-level
- b. A minimum of ★6 at the 300-level.

Notes:

- (1) As part of the ★15 Activity Core, students must complete at least: ★1.5 in Gymnastics chosen from PAC 160, 360, or 365, ★1.5 in a Team sport/activity and ★1.5 in an Individual/Dual sport/activity (See Definitions).
- (2) A maximum of ★21 in PAC/DAC courses may be credited toward the BPE degree program. Any units of course weight above the required ★15 are included in the Option Component of the degree.

Definitions:

- (1) **Individual/Dual Sport/Activities:** Activities in which one participates as an individual or play on a one-on-one basis (e.g., Rock Climbing, Badminton, Yoga).
- (2) **Team Sports/Activities:** Activities played as a team (e.g., Basketball, Volleyball).
- (3) **Areas of Concentration:** ★30. Six areas of concentration provide specializations in professional areas of physical education, sport, health, and well-being. Each concentration may include a practicum. Students normally select their area of concentration during the second year of their program.
- (4) **Option Component:** A group of courses totalling ★15 of which at least ★9 must be taken from outside the Faculty.

134.1.2 Course Sequence

Students are advised to follow the prescribed order as closely as possible.

Year 1 (★30)

1. ENGL 101
2. HE ED 110
3. PAC 101
4. PEDS 100
5. PEDS 102
6. PERLS 104
7. PERLS 105
8. PSYCO 104

Year 2 (★30)

1. DANCE 200
2. PEDS 200
3. PEDS 203
4. PEDS 206
5. PERLS 204
6. PERLS 207
7. ★6 PAC/DAC
8. ★6 options

Year 3 (★30)

1. PEDS 303 or HE ED 321
2. PEDS 307
3. One of: PEDS 309, PSYCO 212, RLS 210, SOC 210, or STAT 141
4. PERLS 304
5. ★15 Concentration Courses
6. ★3 PAC/DAC

Year 4 (★30)

1. PEDS 401
2. ★15 Concentration Courses (see Note 1)
3. ★3 PAC/DAC
4. ★9 options

Notes

- (1) Students may choose the following practicum options:
 - ★0: No practicum (★15 of Concentration Option courses)
 - ★6: Part-time practicum (★9 of Concentration Option courses)
 - ★12: Full-time practicum (★3 of Concentration Option courses)
- (2) Opportunities may be limited for those students wishing to do a part-time practicum.

134.1.3 Degree Program Concentrations

Students normally select from one of six concentrations at the end of Year 2 of the program. Students should contact the Undergraduate Programs Office of the Faculty of Physical Education and Recreation for information about specific concentration requirements.

- (1) **Active Living, Health, and Well-Being:** This area of concentration provides students with understanding of and appreciation for the importance of physical activity and other lifestyle behaviors as they relate to fitness, health, and well-being over the lifespan. Biopsychosocial factors influencing acquisition and maintenance of active healthy lifestyles will be emphasized.
 - a. Concentration Core (★12)
HE ED 220, 320, 321 and INT D 410
Note: If HE ED 321 has been chosen as part of the Degree Core, please add ★3 to your Concentration Options list.
 - b. Concentration Options (★18)
There are four streams within this concentration:
 - 1) Active Living Stream
 - 2) Fitness Stream
 - 3) Health-related Stream
 - 4) Multidisciplinary Stream
 Students should contact the Undergraduate Programs Office for detailed information about specific Concentration Option courses.
- (2) **Adapted Physical Activity:** The focus of this concentration is on developing skills to facilitate the active living of special populations. Emphasis is placed on gaining instructional and leadership skills in physical activity, fitness and sport programs for individuals along the continuum of impairments and across all age groups and environments.
 - a. Concentration Core (★12)
PEDS 471, PEDS 472, PEDS 385 or 485, and PERLS 370.
 - b. Concentration Options (★18)
Students should contact the Undergraduate Programs Office for detailed information about specific Concentration Option courses.
- (3) **Coaching Studies:** This concentration will provide students with the knowledge and experiences that will enable them to effectively compete for coaching positions, enter a National Coaching Institute, or go on to graduate studies in coaching. Coaching is based on the principles of competency, equity, flexibility, mentorship, practicum, and specialization. Upon graduation, students should be completely certified as National Coaching Certification Program (NCCP) Level III coaches.

Notes

 - (1) This is a limited-enrolment concentration. An application and selection process will be used to place students with qualified mentors.
 - (2) Students must apply at the end of Year 1 of the BPE degree.
 - a. Concentration Core (★30)
Year 2 (★6): PEDS 245 and 246
Year 3 (★12): PEDS 240, 335, 346 and 499 Directed Studies (Students will work with their Mentor Coach on advanced topics in coaching their specific sport).
Year 4 (★12): PEDS 403, 445 and 446
 - b. Recommended Courses from the Options Component
HE ED 311, PEDS 306, 334 and 412
- (4) **Cultural and Managerial Studies of Sport and Leisure:** The focus of this concentration is on cultural and managerial issues related to sport and leisure. Although the intention is that all students will be exposed to both, for those interested in cultural issues, the emphasis will be on understanding the connections between sport and leisure and the society in which we live. For those interested in managerial issues, the emphasis will be on managing organizations involved in the delivery of sport and leisure services.
 - a. Concentration Core (★12)
PERLS 350 and 351, plus ★6 chosen from HE ED 320, HIST 470, INT D 304, PERLS 450, 452, 499/599, RLS 224, 335, 452, 463, 464 and 472.
 - b. Concentration Options (★18)
Students should contact the Undergraduate Programs Office for detailed information about specific Concentration Option courses.
- (5) **Physical Activity and Sport Performance:** This concentration attempts to further the students' understanding of selected aspects of physical activity and sport performance. Students will gain an understanding of interdisciplinary approaches through the concentration requirements.

The concentration options provide the opportunity to focus on specific areas such as teaching/learning, sport psychology, motor learning, biomechanics, and physiological adaptations to activity.

 - a. Concentration Core (★15)
PEDS 430 and ★12 chosen from PEDS 240, 302, 303, 306, 335, 403 and 412
 - b. Concentration Options (★15)
There are four streams within this concentration:
 - 1) Leadership/Pedagogy Stream
 - 2) Performance Stream
 - 3) Physical Activity Stream
 - 4) Theory Stream
 Students should contact the Undergraduate Programs Office for detailed information about specific Concentration Option courses.
- (6) **Individualized Concentration:** This concentration affords students the opportunity to design a combination or collection of courses that meets their individual interests and needs, provided that an opportunity to pursue their area of interest is not available through the other five concentrations. This will be done in consultation with, and have the approval of, an academic advisor.
 - a. General Requirements
Students wishing to enter into this concentration must submit a written proposal to the Assistant Dean (Undergraduate Programs) which must contain the following information:
 - 1) A clear description of the focus and the objectives of the concentration.
 - 2) A detailed list of courses to be taken and how they relate to the stated objectives.
 - b. Specific Requirements
The concentration consists of ★30 and normally ★15 must be taken at the 300- or 400-level and ★12 must consist of DANCE, PEDS, PERLS, and/or RLS courses.
Note: Students may choose to take no practicum, a ★6 part-time Professional Practicum, or a ★12 full-term Professional Practicum. If a practicum is taken, it will meet the equivalent number of units of course weight in the concentration.

134.1.4 Collaborative Specialization in Athletic Therapy

The University of Alberta and Mount Royal College are collaborating to offer a selected group of Bachelor of Physical Education students (maximum of 10) the opportunity to pursue a Specialization in Athletic Therapy. These students will attend University of Alberta in Years 1, 2, and 4 of their Bachelor of Physical Education degree program. They will spend Year 3 as Visiting Students at Mount Royal College. Once the full Bachelor of Physical Education degree has been successfully completed, including successful completion of Year 3 at Mount Royal College, Mount Royal College will award the students an Advanced Certificate in Athletic Therapy.

Students may apply during Year 2 to pursue this Collaborative Specialization in Athletic Therapy.

Contact the Undergraduate Programs Office for more information.

(1) Eligibility

- Successful completion of ★60 in the first two years of the BPE program. ★30 in the second year must be completed at University of Alberta. Students must achieve a minimum GPA of 3.3 over the ★30 completed in second year.
- Successful completion of the following required courses, or equivalents, prior to attendance at Mount Royal College: PEDS 100 (minimum grade of C+), PEDS 102 (minimum grade of C), PEDS 200, PEDS 206, PEDS 240 (minimum grade of B), HE ED 110 and NUTR 100.
- Other requirements and deadlines as determined by the Faculty. Contact the Undergraduate Programs Office for more information.

Notes

- After meeting the above criteria, students will be ranked according to the GPA achieved on the ★30 earned in Year 2 of their program.
- In the event of a tie, students will submit a structured "Letter of Intent" which will be reviewed by the Admissions Committee. Please see the Undergraduate Programs Office for required forms.

(2) CATA Certification

Prior to graduation (i.e. typically in Year 4 of the program while at the University of Alberta), students must complete the following courses to ensure certification eligibility: PEDS 303, 335 and PAC 390.

Internal Application Deadline: Applications must be submitted to the Undergraduate Programs Office by March 15.

134.2 BSc in Kinesiology Degree Program

134.2.1 Course Sequence for BSc in Kinesiology

Students are advised to follow the prescribed order as closely as possible.

Year 1 (★30)

- CHEM 101
- CHEM 161 or 261
- ENGL 100 or 101
- HE ED 110
- MATH 113
- PEDS 100
- PEDS 102
- PERLS 104

Year 2 (★30)

- BIOCH 220
- PEDS 200
- PEDS 203
- PEDS 206
- PEDS 240
- PERLS 105
- PERLS 204
- PERLS 207
- ★6 options

Year 3 (★30)

- HE ED 221
- PAC 390 or 391
- PEDS 303 or HE ED 321
- PEDS 309
- PEDS 334
- PEDS 335
- ★3 options in the concentration
- ★9 Open options

Year 4 (★30)

- PEDS 401
- PEDS 409
- ★6 chosen from PEDS 302, 306, 402, 411, 412 or 497 (Exercise Biochemistry)
- ★18 concentration component (including ★6/★12 professional practicum)

Notes

- No more than ★6 of options are to be completed through PAC/DAC courses.
- Students with an interest in biomechanics or motor control are strongly encouraged to completed CMPUT 101 or 114 as one of their options.
- Practicum opportunities may be limited for those students wishing to do a part-time practicum.
- It is strongly recommended to select Open options in the concentration area to meet agency prerequisites for a practicum placement. See a Program Advisor for suggested courses.

134.3 BA in Recreation and Leisure Studies Degree Program

134.3.1 Program Structure

- Degree Core:** A group of required courses in recreation and leisure studies totalling ★69 including a full-term practicum.
- Patterns of Concentration:** An area of focus allowing students to develop a beginning competency in an area of professional career specialization. Each pattern consists of ★36.
- Option Component:** A group of courses totalling ★15 which may be taken from within the Faculty or from departments outside the Faculty.

134.3.2 Course Sequence for BARLS

Students are advised to follow the prescribed order as closely as possible.

Note: Students are advised that the RLS courses required during the first two years of the degree program may only be offered every other year. Therefore, students are strongly encouraged to carefully plan their first two years and to contact the Undergraduate Programs Office for assistance.

Year 1 (★30)

- ★6 ENGL 100 or 101
- PERLS 207
- ★3 PSYCO (PSYCO 104 recommended)
- RLS 100
- RLS 122
- ★9 RLS selected from list below
- ★3 SOC (SOC 100 recommended)

Year 2 (★30)

- PERLS 104
- PERLS 105
- PERLS 204
- RLS 230
- ★9 RLS selected from list below
- ★3 PHIL
- ★6 options

Year 3 (★30)

Term 1

- RLS 300
- ★3 option
- ★9 Pattern Courses

Term 2

RLS 441/449 Professional Practicum or ★15 Pattern Courses

Year 4 (★30)

Term 1

RLS 441/449 Professional Practicum or ★15 Pattern Courses

Term 2

- RLS 444
- ★12 Pattern Courses

Required RLS Courses in Year 1 and 2: RLS 133, 210, 223, 225, 232, 263

Notes regarding selection of Option courses:

- No more than six credit hours of options are to be completed through PAC/DAC courses.
- Students are advised to consider the prerequisite requirements within their intended patterns of concentrations when choosing their options.

134.3.3 Patterns of Concentration

- Tourism and Leisure Management:** This pattern is intended to provide students with the necessary knowledge and skills to manage and

administer the delivery of leisure services to communities. Issues related to public sector delivery of these services are addressed, but the emphasis of the pattern is on commercial recreation and tourism enterprises.

- (2) **Nature-Based Leisure and Heritage Resources:** This pattern focuses on both professional practices and scholarly foundations of recreation/leisure engagements and natural environments. The major areas are resource management; parks, protected areas, and heritage resources; outdoor leadership; nature-based leisure behavior; and socio-cultural and historical analysis of the relationship between humans and nature.
- (3) **Recreation/Leisure for Special Populations:** This pattern is designed to prepare entry level, supervisory and/or administrative personnel for the field of recreation and the delivery of services to special populations. The pattern develops awareness of the needs of special populations and how recreation is able to meet those needs. The pattern allows students to emphasize recreation services for individuals and groups with special needs.
- (4) **Individual Program:** This pattern provides for special interests and needs of a limited number of students that cannot be readily met through the other regular or established patterns in the degree program. The student can build his or her own program pattern based on individual areas of interest. An area of interest must constitute a coherent and integrated focus of study and not consist simply of an uncoordinated collection of diverse courses. Enrolment in this pattern requires permission of the Assistant Dean (Undergraduate Programs).

134.4 BPE/BEEd Combined Degrees Program (Secondary and Elementary Routes)

See also §§65.8 and 65.9.

Students in the BPE/BEEd Combined Degrees take a program of ★159 over five years. During this five-year program, Physical Education courses and Education courses are studied concurrently. Students initially apply for admission to the Faculty of Physical Education and Recreation and are considered registered in that Faculty for the first three years of the program. All qualified Year 3 BPE/BEEd students are promoted to Year 4 in the Faculty of Education if a minimum AGPA of 2.0 has been achieved and a minimum of ★99 applicable to the BPE/BEEd program has been successfully completed. **Note:** Students in Year 3 must submit a Readmission/On-Campus Transfer application form by January 15 to the Faculty of Education. Students in Year 3 who have completed less than ★99 toward the BPE/BEEd program but who have an AGPA of at least 2.0 may select one of the following program alternatives: (1) remain in Year 3 of the BPE/BEEd degree program in the Faculty of Physical Education for one additional year, or (2) apply to enter the BPE degree program and complete a modified individualized Concentration.

134.4.1 Program Structure (Secondary Route)

- (1) **Degree Core—BPE Portion:** Courses totalling ★63 from the Faculty of Physical Education and Recreation that parallel the BPE degree core.
- (2) **Degree Core—BEEd Portion:** Courses totalling ★66 taken from the Faculty of Education to meet the requirements for teaching certification.
- (3) **Minor Component:** Students select a minor subject area and take the requirements (see §65.4). The minor component will consist of ★18.
- (4) **Option Component:** Courses totalling ★12 of open option courses taken from within the Faculty or from Departments outside the Faculty.
- (5) **Aquatics Requirement:** Students must provide proof of swimming certification to a Red Cross (AquaQuest Level 12-White) or equivalent level of skill (e.g., Royal Lifesaving Society Bronze Medallion or YMCA Star 6), or successfully complete PAC 110. Students unable to complete this requirement due to medical reasons must provide medical documentation.
- (6) **Activity Component:** For the goals and focus of activity courses in the Faculty of Physical Education and Recreation, see §134.1.1(2).

PAC/DAC Requirements (★18-24)

PAC 320 or PAC 325

Minimum of ★1.5 in Dance, Games, Gymnastics and Individual Activities. Recommended: ★1.5 in Alternative Environments

Note: We recommend that students select courses appropriate for teaching the Alberta Physical Education curriculum. These courses, in conjunction with DANCE 200, HE ED 110, and PEDS 205, meet the requirements for activity in the BEEd degree program.

Course Sequences for BPE/BEEd (also see §65.8.2) for Secondary Route

The sequencing of courses taken in the program does not allow for much flexibility throughout the five years; therefore, students should plan their programs carefully.

Students are advised to follow the prescribed order as closely as possible.

Year 1 (★33)

- 100-level computing course (EDIT 202 recommended)
- HE ED 110
- ★6 language or literature course
- PEDS 100
- PEDS 101
- PEDS 294
- PERLS 104
- PERLS 105
- ★6 of Minor courses

Year 2 (★33)

- DANCE 200
- EDFX 200
- PEDS 200
- PEDS 203
- PEDS 206
- PERLS 204
- PERLS 207
- ★3 PAC/DAC
- PAC 320 or PAC 325
- ★6 of Minor courses

Year 3 (★33) (See Note)

- EDPY 200
- HE ED 321 or PEDS 303
- PEDS 205
- PEDS 240
- PEDS 307
- PEDS 471 or 472
- PERLS 304
- PERLS 371
- ★3 PAC/DAC
- ★6 of Minor courses

Year 4 (★30)

Introductory Professional Term (★15)

- EDFX 350
- EDPS 310
- EDPY 301
- EDPY 303
- 300-level EDSE course (Curriculum and Instruction in area of Minor)
- ★3 Education option
- ★6 Open options
- ★6 PAC/DAC

Year 5 (★30)

Advanced Professional Term (★15)

- EDFX 450
- EDFX 451
- EDSE 447
- EDSE 448
- EDPS 410
- ★3 Education option
- ★3 PAC/DAC
- ★6 Open options

Note: Students must apply for admission to the Faculty of Education by January 15 of Year 3 of their program.

134.4.2 Program Structure (Elementary Route)

- (1) **BPE Degree Core:** A group of courses totalling ★63 from the Faculty of Physical Education and Recreation, which parallels the BPE degree core.
- (2) **BEEd Degree Core:** A group of courses totalling ★66 taken from the Faculty of Education to meet the requirements for teaching certification.
- (3) **BEEd Elementary Elements:** Students complete non-Education courses from the following categories: Language/Literature, Math, Social Sciences, Natural Sciences, Fine Arts, Health, and Physical Education. These courses are to provide the “generalist teacher” with a wide background of content in order to be better prepared to teach various aspects of the elementary school curriculum. Several courses in the BPE degree core satisfy these requirements. Students also complete ★6 in English and ★3 in Math to satisfy these requirements.

- (4) **Option Component:** A group of courses totalling ★12 of open option courses which may be taken from within the Faculty or from Departments outside of the Faculty.
- (5) **Aquatics Component:** Students will be required to provide proof of swimming certification to Red Cross AquaQuest Level 12 (White) or equivalent level of skill (e.g., Royal Lifesaving Society Bronze Medallion or YMCA Star 6), or successfully complete PAC 110. Students unable to complete this requirement due to medical reasons must provide medical documentation.
- (6) **Activity Component:** Please refer to §134.1.1(2) for information on the goals and focus of Activity Courses in the Faculty of Physical Education and Recreation.

PAC/DAC Requirements (★18-24)

DANCE 431, PAC 325, 365

Minimum of ★1.5 in Individual Activities.

Recommended: ★1.5 in Alternative Environments

Note: It is recommended that students select courses appropriate for teaching the Alberta Physical Education Curriculum. These courses, in conjunction with DANCE 200, HE ED 110, and PEDS 205, will meet the requirements for activity in the BEd program.

Course Sequence for BPE/BEd (also see §65.9.2) for Elementary Route

Year 1 (★33)

1. 100-level computing course (EDIT 202 recommended)
2. ★6 language/literature course
3. PEDS 100
4. PEDS 101
5. PEDS 293
6. PEDS 294
7. PERLS 104
8. PERLS 105
9. ★3 PAC/DAC
10. ★3 Open option

Year 2 (★33)

1. DANCE 431
2. EDFX 200
3. EDPY 200
4. HE ED 110
5. ★3 MATH (MATH 160 recommended)
6. PEDS 200
7. PEDS 203
8. PEDS 206
9. PERLS 204
10. PERLS 207
11. ★3 PAC/DAC

Year 3 (★33) (See Note)

1. HE ED 321 or PEDS 303
2. PAC 325
3. PAC 365
4. PEDS 205
5. PEDS 240
6. PEDS 307
7. PEDS 471
8. PERLS 304
9. PERLS 371
10. ★6 Open options

Year 4 (★30)

Introductory Professional Term (★15)

1. EDEL 300
2. EDFX 325
3. EDPS 310
4. EDPY 301
5. EDPY 303

On-Campus Term (★15)

1. Two of EDEL 302, 325, 330, 335
2. EDEL 305
3. EDEL 316
4. EDEL 321

Year 5 (★30)

Advanced Professional Term (★15)

1. One of EDEL 302, 325, 330, 335
2. EDFX 425
3. EDPS 410

On-Campus Term (★15)

1. EDEL 420
2. ★6 Education Option
3. ★3 PAC/DAC
4. ★3 Open option

Note: Students must apply for admission to the Faculty of Education by January 15 of Year 3 of their program.

134.5 Graduate Study

The Faculty of Physical Education and Recreation offers programs leading to the degrees of MA, MSc, and PhD in Physical Education and Sport Studies, and to MA and PhD degrees in Recreation and Leisure Studies. The MA degrees are available in a course-based as well as thesis-based format. In addition, the Faculty, with the Faculty of Business, offers a course-based MBA program with specialization in Leisure and Sport Management.

For further information, write to the Assistant Dean (Research and Graduate Studies) of the Faculty of Physical Education and Recreation, University of Alberta, Edmonton, AB T6G 2H9. Refer to the Faculty of Graduate Studies and Research section (§175) for more information regarding regulations.

135 Courses

Faculty of Physical Education and Recreation courses are listed in §201, Course Listings, under the following subject headings:

Dance (DANCE)
 Dance Activity (DAC)
 Health Education (HE ED)
 Interdisciplinary Studies (INT D)
 Physical Activity (PAC)
 Physical Education and Sport (PEDS)
 Physical Education, Recreation, and Leisure Studies (PERLS)
 Recreation and Leisure Studies (RLS)
 Work Experience (WKEXP)